

# BENEVILLA CAREGIVER CONNECT

## AGING WELL: YOUR JOURNEY, YOUR WAY

Whether you're caring for a loved one or focusing on your own well-being, join Benevilla, over 30 trusted partners including our Enriching Lives Network, and featured guest speaker for a day of valuable information, resources, and connections.

## JUNE 11th, 2026



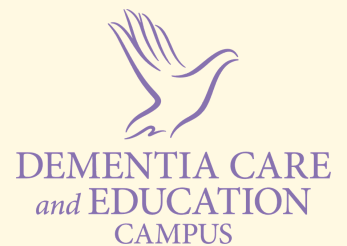
### FEATURED GUEST SPEAKER

**Maribeth Gallagher, DNP, PMHNP-BC, FAAN**  
*Dementia Program Director, Hospice of the Valley*

**Time:**  
10:00 – 11:00 am with Q&A session afterwards

**Topic:**  
**From Clarity to Confusion: *Healthy Age-related Brain Changes vs. MCI and Dementia***

Forgetfulness can be a normal part of aging—but when could it be something more? Join Dr. Gallagher to learn the difference between normal aging, Mild Cognitive Impairment (MCI), and dementia, plus evidence-based strategies to support brain health and recognize early warning signs.



## PLEASE JOIN US

### SPECIAL PERK FOR PRE-REGISTERING!

Receive a drawing entry for a chance to win a \$50 Fry's Gift Card when you register in advance and attend!

**TO REGISTER SCAN THE  
QR CODE OR VISIT:**

[Benevilla.org/Caregiver-Connect](https://Benevilla.org/Caregiver-Connect)  
For more information call (623) 584-4999



**Thursday, June 11th**



**9 AM - 12 PM**



**Sun City Christian Church**

9745 W Palmeras Dr, Sun City, AZ 85373



**Benevilla®**

- Caregiver and Health & Wellness Resources
- Benefit Fitness Adaptive Gym Demos
- Door Prizes