



Safety & Mobility *Workshop*

Keeping your loved one moving safely at every stage of dementia can feel like a challenge—but you don't have to navigate it alone! Join us for an interactive **Safety & Mobility Workshop** where you'll gain essential skills to reduce your person's risk of injuries and build confidence in supporting their mobility.



In this engaging session, you'll discover:

- Key mobility safety risks at each stage of dementia—and how to stay ahead of them
- The most common reasons for falls (and how to reduce the risk before they happen).
- Practical ways to create a safer home environment and boost mobility.
- Hands-on techniques to assist with fall recovery.
- Expert guidance on using canes, walkers, and wheelchairs—with real practice!

Led by **occupational therapist Calli Carlson**, this **interactive workshop** will give you **practical tools, expert advice, and hands-on experience** to keep your person moving safely and confidently.

Don't miss this chance to empower yourself with essential skills!

Tuesday, April 29 • 10–11:30 a.m.

Dementia Care and Education Center
3811 N. 44th St., Phoenix AZ 85018

RSVP: events@dementiacampus.org or (602) 767-8300



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